



Classic Salad



2 Servings



15 minutes

Ingredients :

- Canned sardines
- Lettuce or mixed greens
- Red onion
- Celery
- Cherry tomatoes
- Fresh herbs
- Lemon juice
- Olive oil
- Dijon mustard
- Salt
- Black pepper



Instructions :

1. Drain the sardines and place them in a large bowl .
2. Chop the lettuce , red onion , celery , and cherry tomatoes .
3. Add the chopped vegetables to the bowl with the sardines .
4. Sprinkle in the fresh herbs .
5. In a small bowl , mix lemon juice , olive oil , Dijon mustard , salt , and pepper .
6. Pour the dressing over the salad .
7. Gently toss until everything is well mixed .
8. Let the salad rest for five minutes before serving .