



M u s h r o o m L o b s t e r B i s q u e



4 Servings



60 minutes

Ingredients :

- 2 lobster tails ,cooked and chopped
- 2 tbsp butter
- 1small onion ,chopped
- 2 cloves garlic ,minced
- 1cup sliced mushrooms
- 2 tbsp tomato paste
- 2 cups seafood stock
- 1cup heavy cream
- Salt and black pepper



Instructions :

1. Melt butter and cook onion and mushrooms until soft .
2. Add garlic and tomato paste ,stir well .
3. Pour in seafood stock and simmer 15minutes .
4. Blend until smooth ,then add cream and lobster .
5. Season and simmer briefly before serving .