



Sardines with Hot Sauce



1 Servings



5 minutes

Ingredients :

- 1 can sardines in olive oil or water
- 1 to 2 teaspoons hot sauce (adjust to taste)
- 1 teaspoon fresh lemon juice
- Black pepper, to taste
- Optional : sliced green onions or parsley



Instructions :

1. Open the can of sardines and gently drain excess oil or liquid .
2. Place the sardines on a plate or in a small bowl .
3. Drizzle hot sauce evenly over the sardines .
4. Add lemon juice and a light sprinkle of black pepper .
5. Garnish with green onions or parsley if desired .
6. Serve immediately on toast, crackers, or enjoy on its own .