



# Sardines with Salt and Pepper



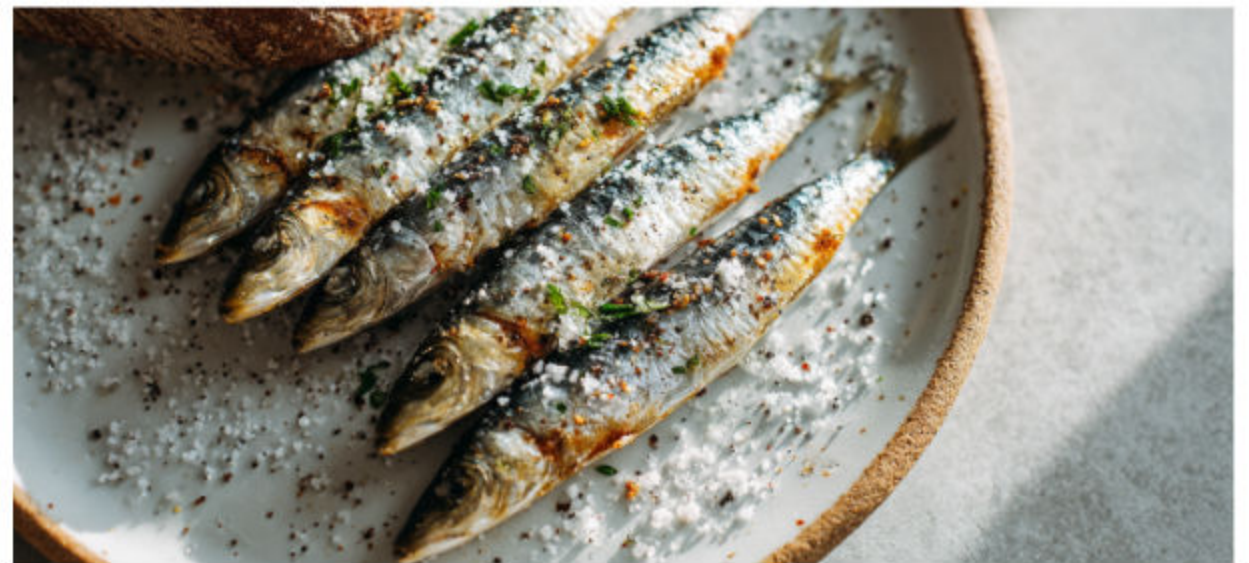
2 Servings



5 minutes

## Ingredients :

- 1 can sardines in olive oil or water
- Salt, to taste
- Black pepper, to taste
- Lemon wedges (optional)



## Instructions :

1. Open the can of sardines and gently drain excess liquid if desired .
2. Place the sardines on a plate ,keeping them whole if possible .
3. Sprinkle salt evenly over the sardines .
4. Add freshly ground black pepper to taste .
5. Serve immediately ,with lemon wedges on the side if using .