



Sardines with Sliced Tomatoes and Herbs



2 Servings



15 minutes

Ingredients :

- Canned sardines in olive oil, drained
- Fresh ripe tomatoes , thinly sliced
- Fresh parsley , finely chopped
- Fresh basil or dill , chopped
- Olive oil
- Fresh lemon juice
- Salt
- Black pepper



Instructions :

1. Arrange the sliced tomatoes evenly on a serving plate .
2. Place the drained sardines gently over the tomatoes .
3. Sprinkle chopped herbs over the sardines and tomatoes .
4. Drizzle lightly with olive oil and fresh lemon juice .
5. Season with salt and black pepper to taste .
6. Let the dish rest for a few minutes before serving to allow the flavors to blend .