



M e d i t e r r a n e a n S a l m o n R i c e B o w l



2 Servings



30 minutes

Ingredients :

- 2 salmon fillets
- 1tbsp olive oil
- 1tsp dried oregano
- Zest of 1lemon
- 2 cups cooked rice
- ½ cup cherry tomatoes
- ¼ cup olives , sliced
- ½ cup cucumber
- ¼ cup crumbled cheese
- ¼ cup yogurt sauce



Instructions :

1. Season salmon with olive oil , oregano , and lemon zest .
2. Cook salmon until flaky .
3. Add rice to bowls .
4. Top with salmon and vegetables .
5. Finish with yogurt sauce .